

# Abscess Relief

## soothing blend

**Ingredients:** Lavender, spike; Peppermint, Sesame Seed

Abscess Relief has been formulated to assist with bringing abscesses to a head so they will open and drain on their own.\*

Abscesses on the skin are often referred to as boils. Common sites for abscesses can include the armpits, groin, rectal area, external vaginal area, and along the tailbone. Inflammation surrounding hair follicles or sweat glands can lead to the formation of abscesses as well.\*

When an area of tissue become infected and the body's immune system tries to fight it, an abscess occurs. As white blood cells move into the area through the walls of the blood vessels, they collect in the damaged tissue and pus forms. Pus is the buildup of fluid, living and dead white blood cells, dead tissue, and bacteria or other foreign substances.\*

In general, abscesses must open and drain to improve. Sometimes abscesses will open and drain spontaneously, but frequently they must be lanced by a medical professional.\*

### ingredient highlights

- According to the British Herbal Pharmacopoeia, Lavender, spike was traditionally used for headaches, rheumatic pain, colic, and dyspepsia. In modern aromatherapy Lavender, spike Essential Oil shares some of 'true' Lavender's properties, but is slightly stronger and should be used more sparingly.
- Peppermint Essential Oil is uplifting, bright, and known for its antibacterial, antifungal, anti-inflammatory, pain-relieving, and decongestant properties. When applied topically, the menthol in Peppermint Essential Oil works to increase the blood flow to the affected area and soothes the skin with a cool feeling.
- Sesame Seed Oil has been used in healing for thousands of years. It is high in zinc, which helps produce collagen, giving skin more elasticity and helping repair damaged body tissues. Sesame Oil is naturally antibacterial for common skin pathogens, such as staphylococcus and streptococcus as well as common skin fungi, such as athlete's foot fungus. It is also naturally antiviral and anti-inflammatory.

### suggested usage

- Apply topically to area of abscess 2 to 3 times daily.

### responsible cautions

- Non-toxic, non-irritant, non-sensitizing.
- Keep out of reach of children and pets.
- Use as directed, and adhere to Responsible Cautions at [www.goDesana.com/cautions.asp](http://www.goDesana.com/cautions.asp).
- Store away from sunlight, at room temperature, with the lid securely tightened.

### topical dilution guidelines

Ages 10 & Over: Topical dilution for healthy individuals is 10% (60 drops per 1 ounce of carrier oil). A topical dilution of 25% (150 drops per 1 ounce of carrier oil) may be warranted in cases of severe pain, bad bruising, or serious muscle cramping.

### pregnancy & children

 Safety Group #3

#### Topical

- Infant to 3 months: not recommended
- 3 months to 3 years: not recommended
- 3 to 5 years: not recommended
- 5 to 10 years: not recommended
- Pregnancy: not recommended

#### Bath

- Infant to 3 months: not recommended
- 3 months to 3 years: not recommended
- 3 to 5 years: not recommended
- 5 to 10 years: not recommended
- Pregnancy: not recommended

### availability

10ml Bottle



#### STANDARDS OF QUALITY

All ingredients in goDesana Organics products are 100% pure and therapeutic, meaning they are sourced and approved by Master Formulator Alexandria Brighton to the highest standards possible.

Our raw plant ingredients are chosen for their integrity (all chemical constituents important for use are intact), ecological 'soundness' (all are organic or wild-crafted), and the specific therapeutic chemical constituent percentages that Alexandria Brighton insists upon for safety and therapeutic properties.

#### DISCLAIMER

The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

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