

# C-Stimulate

## detoxification blend

**Ingredients:** Frankincense, Lemongrass, Bay Laurel, Grapefruit, pink; Lemon, Lime, Rose, Sesame Seed

C-Stimulate is a proprietary blend formulated with Essential Oils that are known to assist and support the body in detoxing, stimulating, supporting, and strengthening the cellular system.\*

This blend can be used 3-7 days per week and is best used in conjunction with LIFE<sup>5</sup> herbal blend.\*

For specific information on all of our Stimulate Proprietary Blends please contact the person who referred you.

## suggested usage

### INTERNAL

- Take 1-2 drops in a veggie capsule 3-4 times per day.\*

### TOPICAL

- Dilute to 10% in Sesame Oil and self-massage until the oil is absorbed. Can be applied to the lymphatic points, back and front of chest, and breasts. For more intense use, apply neat (undiluted) up to 4 times a day.\*

## responsible cautions

- Non-toxic, non-irritant, non-sensitizing.
- Keep out of reach of children and pets.
- Use as directed, and adhere to Responsible Cautions at [www.goDesana.com/cautions.asp](http://www.goDesana.com/cautions.asp).
- Store away from sunlight, at room temperature, with the lid securely tightened.

## topical dilution guidelines

Ages 10 & Over: Topical dilution for healthy individuals is 10% (60 drops per 1 ounce of carrier oil). A topical dilution of 25% (150 drops per 1 ounce of carrier oil) may be warranted in cases of severe pain, bad bruising, or serious muscle cramping.

## pregnancy & children

### ♥ Safety Group #2

#### Topical

- Infant to 3 months: Not recommended
- 3 months to 3 years: Not recommended
- 3 to 5 years: 3 drops in 10 ml carrier oil
- 5 to 10 years: 6 drops in 10 ml carrier oil
- Pregnancy: Safe when used as directed starting in the 2<sup>nd</sup> trimester at 3% dilution (15 drops/1 ounce)

#### Bath

- Infant to 3 months: not recommended
- 3 months to 3 years: not recommended
- 3 to 5 years: not recommended
- 5 to 10 years: not recommended
- Pregnancy: not recommended

## availability

5ml Bottle



#### STANDARDS OF QUALITY

All ingredients in goDesana products are 100% pure and therapeutic, meaning they are sourced and approved by Master Formulator Alexandria Brighton to the highest standards possible.

Our raw plant ingredients are chosen for their integrity (all chemical constituents important for use are intact), ecological 'soundness' (all are organic or wild-crafted), and the specific therapeutic chemical constituent percentages that Alexandria Brighton insists upon for safety and therapeutic properties.

#### DISCLAIMER

The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

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