

Clove Bud

Syzygium aromaticum

Therapeutic Properties: Analgesic, antibiotic, antihelminthic, antihistamine, anti-inflammatory, anti-irritant, antineuralgic, antioxidant, antirheumatic, antiseptic, antiviral, aphrodisiac, carminative, expectorant, larvicide, spasmolytic, stimulant, stomachic, vermifuge.

Clove Bud has an impressive range of action against pathogens and illnesses of all kinds. Many of the plagues that scourged Europe were started by fleas carried by rats that came ashore from ships bringing spices from the East. So cloves have a share in the responsibility for plagues. With poetic justice, they were also used as a prophylactic against bubonic plague. Sponges impregnated with extract of cloves were often held beneath the noses of plague victims.

The 17th-century plague doctor wore the protective clothing of his profession – a leather gown, leather gloves, and a leather mask. The beak through which he breathed was filled with cloves, cinnamon, and other spices and aromatics. He carried a wand so that he does not have to touch his patients with his hands; he even felt their pulses with it.

There is some modern evidence that suggests cloves might have had some real medical value; one researcher has reported that oil of cloves kills the bacillus that causes typhoid. Clove Bud is a remarkable uterine tonic; it helps tone the uterine muscles and thus prepares the mother for an easy birth physically, but also psychically since it lessens anxiety about the delivery.

Clove Bud is an excellent antiseptic, bactericide, and viricide. A mother prepared for delivery with Clove Bud has a very good chance of giving birth to a healthy infant, one better protected against post-partum infections.

aromatherapy & home uses

NOTE: Do not use Clove Leaf or Clove Stem Essential Oil.

Circulation, Muscles, and Joints: Arthritis, rheumatism, sprains.

Digestive System: Dyspepsia, nausea.

Immune System: Colds, flu, minor infections.

Skin Care: Toothache, wounds.

suggested usage (10 years & up)

INTERNAL

- 1 drop in "00" capsules twice a day with meals during last two weeks of pregnancy.
- Clove Bud Essential Oil is certified as GRAS ("Generally Regarded As Safe" for internal use) by the U.S. Food & Drug Administration and is widely used in the food industry.
- Wonderful when used as a flavoring for food.
- Add 1-2 drops to a glass of water for a gargle to sweeten breath.
- Use 1-2 drops in a veggie capsule with a carrier oil, up to 10 days, and ingest for digestive and respiratory issues, or to aid in parasite elimination. If longer assistance is needed consult a qualified Aromatherapist.
- For colds and flu, add 2 drops to a veggie capsule with Grape Seed Oil and take 3 to 4 times per day. If longer assistance is needed, consult a qualified Aromatherapist.

TOPICAL

- May apply to the colon or digestive reflex points on the hands or feet. Dilute 10-20 drops to 1 ounce cream, lotion, or carrier oil.
- Place 1-2 drops on a cotton swab and apply to canker sores or a painful tooth.

responsible cautions

- All Clove Oils can cause skin and mucous membrane irritation.
- Clove Bud Oil is the least toxic of the Clove oils (bud, leaf, stem) with a eugenol content of 60% to 90% (leaf 82–88 and stem at 90–95 percent eugenol).
- Clove Bud may cause dermatitis in some individuals (patch test).
- Use in moderation only in low dilution (less than 1%).
- Internal use by a trained Aromatherapist only.
- Use only as directed in preparing for birth instructions.
- Keep out of reach of children and pets.
- Use as directed, and adhere to Responsible Cautions at www.goDesanaOrganics.com/cautions.asp.
- Store away from sunlight, at room temperature, with lid the securely tightened.

attributes

Producing Organ: Buds

Extraction: Steam Distillation

Country of Origin: Sri Lanka

topical dilution guidelines

Ages 10 & Over: Topical dilution for healthy individuals is 10% (60 drops per 1 ounce of carrier oil). A topical dilution of 25% (150 drops per 1 ounce of carrier oil) may be warranted in cases of severe pain, bad bruising, or serious muscle cramping.

pregnancy & children

Topical

- Infant to 3 months - *not recommended*
- 3 months to 3 years - *not recommended*
- 3 to 5 years - 3 drops in 10 ml carrier oil
- 5 to 10 years - 6 drops in 10 ml carrier oil
- Pregnancy - safe when used as directed starting in the 2nd trimester

Bath

- Infant to 3 months - *not recommended*
- 3 months to 3 years - *not recommended*
- 3 to 5 years - 3 drops in ¼ cup Pink Himalayan Salt
- 5 to 10 years - 6 drops in ¼ cup Pink Himalayan Salt or Clay Vitality
- Pregnancy - safe when used as directed starting in the 2nd trimester

Remember that blends, because of the smaller percentage of the stronger oils, are usually safer than single oils; especially during pregnancy, while nursing, and when using with children or the elderly.

availability

10ml Bottle



QUALITY ASSURANCE

All oils from goDesana Organics are 100% pure and therapeutic, meaning they are sourced and approved by Alexandria Brighton to the highest standards possible. Our Essential Oils are chosen for their integrity (all chemical constituents important for use are intact), ecological "soundness" (all are organic or wildcrafted), and the specific chemical constituent percentages that Alexandria Brighton insists upon for efficacy and safety.

DISCLAIMER

goDesana Organics products have not been evaluated by the FDA and are not intended to treat, diagnose, cure, or prevent any disease. They are not intended as a substitute for the advice or medical care of a qualified health care professional. Seek the advice of your health care professional before undertaking any dietary or lifestyle changes.

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