

COUNTRY CHRISTMAS



Christmas Blends

For many, the holiday season starts with putting up the Christmas tree. Back when most trees were real, your home became immersed in the fresh fragrance given off by the tree.

**SWEET,
SPICY,
UPLIFTING**

No matter what variety, they all had an incredibly fresh, piney scent that everyone finds uplifting. This would inspire the making of cookies and pies and soon that long-awaited holiday smell we were all anxious for had arrived... the smell of the Christmas tree intertwined with the sweet and spicy cookies.

The Christmas in the country from our fond childhood memories can be recreated using the Country Christmas essential oil blend.

Available in: 5ml Bottle

daily uses

DIFFUSION

- Diffuse 10 to 15 drops in your water mist diffuser and mist into the environment.
- To a burner, add water to the dish then add a few drops of the essential oil, light the candle and as the water warms the essential oil will diffuse into the air. **Caution: Never leave a lit candle unsupervised around children and/or pets.**
- Apply a drop or two of oil to a tissue and insert into your pillowcase and it will diffuse.
- Place a few drops on a cotton ball and tuck inside the branches of your artificial Christmas tree to give it a natural fragrance.

INHALATION

- Rub 2-3 drops on the palms of the hands, cup over nose and mouth and inhale deeply.
- Apply a drop or two of oil to a tissue and inhale.

MISTING SPRAY

- Add 15-20 drops to 4 oz. distilled water in a cobalt blue spray bottle. Shake well when using. Spray as needed or desired to bring the scent of Christmas all year long.

BATH

- Not appropriate for use in a bath as spices can be irritating to the skin.

POTPOURRI

- Select a combination of dried materials such as cinnamon sticks, clove, dried oranges, pine cones, etc. Add several drops to the dried material. Store the potpourri for a week to ten days in a jar or other airtight container. Arrange your finished potpourri in a decorative container that cannot be harmed by oil.

RESPONSIBLE CAUTIONS

- Non-irritating, non-sensitizing, for aromatic use only.
- Not for use topically as spices can be irritating to the skin.
- Keep out of reach of children and away from the eyes.
- Store at room temperature with lids securely tightened; keep away from sunlight.

ingredients

100% Pure, Therapeutic Grade, Certified Organic And/Or Wild-Crafted Essential Oils Of Blood Orange, Black Spruce & Cinnamon Bark

notes



QUALITY ASSURANCE

All goDésana essential oils are 100% Pure Therapeutic Grade that are Certified Organic and/or Wild-Harvested. They are sourced, formulated and approved by Alexandria Brighton. Oil samples, along with the Material Safety Data Sheets, Certification Documents and GC/MS Chromatography Documents, are sent to Alexandria for her approval prior to being shipped to goDésana.

