

DILL WEED

Anethum graveolens 10ml

goDésana
feel the pure plant difference



application

Aromatic • Bath • Internal • Topical

properties

Wildcrafted

Producing Organ: Whole Plant

Extraction: Steam Distillation

Country of Origin: USA

Safety Group: #1

Main Chemical Constituents: carvone, limonene, phellandrene

Therapeutic Properties: Antispasmodic, bactericidal, carminative, digestive, emmenagogue, galactagogue, hypotensive, stimulant, stomachic

uses

- Add 10 drops Dill Weed with 10 drops Roman Chamomile to ½ cup Clay Vitality or Vitality Bath Salts and mix into warm bath water to calm and relax.
- Add 1 drop to a teaspoon of honey and stir into warm water to assist with digestive concerns.
- For diabetics, to assist with balancing blood sugar metabolism, use 2 drops each of Coriander Seed, Dill Weed, and Sweet Fennel in capsule, filled with olive oil. Take at night.
- Mix 20 drops with 4 ounces of distilled water in a cobalt blue glass or PET plastic bottle, shake well and mist into environment as desired.
- Add 10-20 drops to 1 tablespoon of carrier oil and gentle massage clockwise around abdominal area to relieve hiccups, cramping, flatulence, and upset stomach.

product summary

Dill Weed p.o. whole plant is one of the most gentle of Essential Oils being devoid of toxicity, and it can be used from early childhood for all problems to do with the digestive, respiratory, and renal systems. Care must be taken not to use Dill oil produced from the seeds as this oil is too strong for children.

Dill Weed offers relief from flatulence and helps treat parasites. This oil is beneficial for nervous vomiting and hiccups. It has also proven effective in promoting milk flow in nursing mothers. Dill Weed may benefit juvenile acne resulting from hormonal changes and improper diet.

Since Dill Weed calms the autonomic nervous system, it may help fidgety children; use it in an Essential Oil diffuser with Roman Chamomile.

Dill Weed possesses decongesting and diuretic abilities as well as antispasmodic action. It is an excellent stimulant and digestive antispasmodic for children who tend to experience vomiting, colic, and nausea with stomach cramps. Dilute with carrier oil and gently massage clockwise around abdominal area.

In the West and East it is used as a soothing digestive aid for indigestion, wind, colic, etc., especially in children, for which it is still current in the British Herbal Pharmacopoeia. [Julia Lawless, *The Illustrated Encyclopedia of Essential Oils* (Rockport, MA: Element books, 1995), 83.]

responsible cautions

- Generally non-toxic, non-irritant.
- Avoid in allergic skin conditions.
- Keep out of reach of children and pets.
- Store away from sunlight, at room temperature, with the lid securely tightened.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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