

# Digestive Blends

## DyGest

DyGest is a proprietary blend that supports the body in naturally providing relief from indigestion, nausea, stomach cramps, food poisoning, and to assist the body in strengthening the digestive system as a whole. DyGest is a synergistic blend of Essential Oils that are both antiseptic and antispasmodic. It helps slow rapid digestion, thereby allowing the body to absorb more life-sustaining nutrients while aiding the digestion of rich foods. The ingredients in DyGest are well known for their ability to calm or prevent stomach upset and ease excessive belching, bloating, gas, and hiccups.

### PRIMARY BENEFITS

- Assists with the digestion of foods\*
- Assists with occasional stomach upset\*
- Assists with bloating, gas, and occasional indigestion\*



### INTERNAL

Under the supervision of a qualified practitioner, GRAS ("Generally regarded as safe") Essential Oils can be ingested.

- ◆ Apply 1-2 drops on the back of the hand and lick it off.
- ◆ Put 2-3 drops in a veggie capsule filled with a carrier oil; take as needed.
- ◆ Stir 1-2 drops with a teaspoon of honey into a cup of warm water for tea.

- ✚ Pregnancy - not recommended
- ✚ Infant to 3 months - not recommended
- ✚ 3 months to 3 years - not recommended
- ✚ 3 to 6 years - not recommended
- ✚ 6 to 10 years - not recommended
- ✚ Healthy Individuals 10+ years - follow suggested usage



### TOPICAL

Essential Oils pass through the skin's epidermis and are carried away by the capillary blood circulating in the dermis. The more skin you cover, the greater the dose. Very seldom will Essential Oils be applied neat or undiluted.

- ◆ Apply 2-3 drops neat or roll-on to the digestive organs' reflex points of the feet.
- ◆ Dilute (AromaStix does not require dilution) and massage clockwise over the colon area of the abdomen.
- ◆ For compression, mix with 2 quarts of hot or cold water, soak a towel in the water and apply to the desired location. Cover the area with a dry towel and heating pad or ice pack.
- ✚ Pregnancy - not recommended
- ✚ Infant to 3 months - not recommended
- ✚ 3 months to 3 years - not recommended
- ✚ 3 to 6 years - not recommended
- ✚ 6 to 10 years - 3 drops in 2 tsps of carrier oil or 2 qts of water
- ✚ Healthy Individuals 10+ years - 15 drops per 2 tsps of carrier oil or 2 qts of water



Availability	10ml Bottle & AromaStix
\$31.05 Retail	\$27.00 Wholesale   27BV
<i>AromaStix contains Fractionated Coconut Oil</i>	

**Ingredients:** Cinnamon Bark, Organic Ginger Root, Peppermint, Organic Rosemary ct. 1,8 cineole, Tea Tree, Cypress, Organic Palmarosa

## Pure Plant Promise

goDésana pure plant ingredients are never tested on animals, are always free of chemicals, synthetics, preservatives, stabilizers, potassium sorbate, phthalates, petroleum, sulfates, silicones, parabens, mineral oil, triclosan, and animal products.



\*The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

461 E Pike Street • Morrow, OH 45152  
614.948.4409  
www.goDesana.com

## DyGest Relief

DyGest Relief is a proprietary blend suited for children through adults that supports the body in naturally providing relief from indigestion, nausea, stomach cramps, food poisoning, and to assist the body in strengthening the digestive system as a whole. DyGest Relief is a synergistic blend of Essential Oils that are both antiseptic and antispasmodic. It helps slow rapid digestion, thereby allowing the body to absorb more life-sustaining nutrients while aiding the digestion of rich foods. The ingredients in DyGest Relief are well known for their ability to calm or prevent stomach upset and ease excessive belching, bloating, gas, and hiccups.

### PRIMARY BENEFITS

- Assists with the digestion of foods\*
- Assists with occasional stomach upset\*
- Assists with bloating, gas, and occasional indigestion\*



### INTERNAL

Under the supervision of a qualified practitioner, GRAS ("Generally regarded as safe") Essential Oils can be ingested.

- ◆ Roll on the back of the hand and lick it off
- ✚ Pregnancy - safe in the 2nd trimester following suggested usage
- ✚ Infant to 3 months - not recommended
- ✚ 3 months to 3 years - not recommended
- ✚ 3 to 6 years - follow suggested usage
- ✚ 6 to 10 years - follow suggested usage
- ✚ Healthy Individuals 10+ years - follow suggested usage



### TOPICAL

Essential Oils pass through the skin's epidermis and are carried away by the capillary blood circulating in the dermis. The more skin you cover, the greater the dose. Very seldom will Essential Oils be applied neat or undiluted.

- ◆ Roll on to the digestive organs' reflex points of the feet.
- ◆ Roll on and massage clockwise over the colon area of the abdomen.
- ◆ For compression, roll on, soak a towel in 2 quarts of hot or cold water and apply to the desired location. Cover the area with a dry towel and heating pad or ice pack.
- ✚ Pregnancy - safe in the 2nd trimester following suggested usage
- ✚ Infant to 3 months - not recommended
- ✚ 3 months to 3 years - not recommended
- ✚ 3 to 6 years - follow suggested usage
- ✚ 6 to 10 years - follow suggested usage
- ✚ Healthy Individuals 10+ years - follow suggested usage

### RESPONSIBLE CAUTIONS FOR DYGEST AND DYGEST RELIEF

Non-toxic, non-irritant, non-sensitizing. Keep out of the reach of children and pets. Use as suggested and adhere to the Responsible Cautions at [www.goDesana.com/cautions.asp](http://www.goDesana.com/cautions.asp). Store away from sunlight, at room temperature, with the lid securely tightened.



Availability	AromaStix
\$28.75 Retail	\$25.00 Wholesale   25BV

**Ingredients:** Dill Weed, Organic Rosemary ct. verbenone; Peppermint, Basil, sweet; Organic Grape Seed

## Standards of Quality

All ingredients in goDesana products are 100% pure and therapeutic, meaning they are sourced and approved by Master Formulator Alexandria Brighton to the highest standards possible. Our raw plant ingredients are chosen for their integrity (all chemical constituents important for use are intact), ecological 'soundness' (all are organic or wildcrafted), and the specific therapeutic chemical constituent percentages that Alexandria Brighton insists upon for safety and therapeutic properties.

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