

Eucalyptus Radiata

Eucalyptus radiata

Therapeutic Properties: *Antiseptic, antispasmodic, antiviral, balsamic, cicatrizant, decongestant, deodorant, depurative, diuretic, expectorant, febrifuge, hypoglycemic, parasiticide, prophylactic, rubefacient, stimulant, vermifuge, vulnerary.*

Eucalyptus Radiata is primarily an Essential Oil for the respiratory system as it has good anticatarrhal properties. It is a powerful expectorant and mucolytic with good ability for fluidification. It is a gentle yet effective Essential Oil for respiratory problems and is more easily tolerated by children than Eucalyptus Globulus. It is equally useful for elimination of viruses and to support the entire respiratory system. Its high content of 1,8 cineole makes it a good choice for diffusion into a room when someone has a respiratory infection.

Eucalyptus Radiata is a strong antiseptic, yet it is non-toxic. A good anti-viral and an energizer to the body, it can assist the body with chronic fatigue and immune deficiency.

aromatherapy & home uses

Circulation, Muscles, and Joints: Arthritis, muscular aches and pains, rheumatism, sports injuries, sprains, etc.

Immune System: Colds, fevers, flu, infectious illnesses, e.g. measles.

Nervous System: Headaches, nervous exhaustion, neuralgia, sciatica.

Respiratory System: Asthma, bronchitis, catarrh, coughs, throat and mouth infections, etc.

Skin Care: Cuts, sores, ulcers, etc.

suggested usage (10 years & up)

BATH:

- Eucalyptus Radiata is a cooling Essential Oil due to its high concentration of 1,8 cineole. This gives it the ability to assist with a fever, not allowing it to exceed what is safe. When infants have a fever, give them a bath in water 4 degrees lower than the fever. Into the bath water disperse 3 to 5 drops Eucalyptus Radiata for a baby tub (mix into powdered milk or 1 teaspoon of Dead Sea Salt to disperse). Gently sponge the baby down, making sure you do not allow them to get chilled. It has good infection-fighting properties for both acute and chronic respiratory infections and is effective for the flu.
- Mix 10 to 12 drops in warm water for a soothing, cooling bath to relieve aching muscles.
- Apply to the feet after showering.

IMMUNE SUPPORT

- Place 1-2 drops on a tissue, cotton ball, or in the palms of the hands and inhale.

INHALATION

- Place 1-2 drops on a tissue, cotton ball, or in the palms of the hands and inhale. Eucalyptus Radiata has been shown to be effective for treating sinus conditions as it can be inhaled most deeply without triggering the cough reflex.
- Eucalyptus Radiata blends well with Tea Tree and the two can be diffused together in a child's room when they are congested and can't sleep. Diffuse 5 drops of each in a cool mist Essential Oil for 15 minutes, repeating every 2 to 3 hours.

MISTING

- Mix 20 drops with 4 ounces distilled water in a cobalt blue glass or PET plastic bottle, shake well, and mist into the environment as desired.

TOPICAL

- Apply to the mastoid bone and along the neck for decongesting ears and sinuses.
- During a cold or flu, you can use Eucalyptus Radiata neat on the tips of the toes (sinus reflex points) and on the pad of the foot (lung reflex points).
- 1 drop on each foot for children 3 months to 2 years; 2 drops for children ages 2 years to 10 years; and 3 to 4 drops for adults

responsible cautions

- Eucalyptus Radiata has long lasting effects and is particularly indicated for children.
- Non-toxic, non-irritant, non-sensitizing.
- Keep out of reach of children and pets.
- Use as directed, and adhere to Responsible Cautions at www.goDesanaOrganics.com/cautions.asp.
- Store away from sunlight, at room temperature, with the lid securely tightened.

attributes

Producing Organ: *Leaves and twigs*

Extraction: *Steam Distillation*

Country of Origin: *Australia*

topical dilution guidelines

Ages 10 & Over: Topical dilution for healthy individuals is 10% (60 drops per 1 ounce of carrier oil). A topical dilution of 25% (150 drops per 1 ounce of carrier oil) may be warranted in cases of severe pain, bad bruising, or serious muscle cramping.

pregnancy & children

Topical

- Infant to 3 months - 1 drop in 10 ml carrier oil
- 3 months to 3 years - 2 drops in 10 ml carrier oil
- 3 to 5 years - 3 drops in 10 ml carrier oil
- 5 to 10 years - 6 drops in 10 ml carrier oil
- Pregnancy - safe when used as directed

Bath

- Infant to 3 months - *not recommended*
- 3 months to 3 years - 1 drop in 1 tablespoon of Baby Bliss Shampoo & Body Wash
- 3 to 5 years - 3 drops in ¼ cup Pink Himalayan Salt
- 5 to 10 years - 6 drops in ¼ cup Pink Himalayan Salt or Clay Vitality
- Pregnancy - safe when used as directed

Remember that blends, because of the smaller percentage of the stronger oils, are usually safer than single oils; especially during pregnancy, while nursing, and when using with children or the elderly.

availability

10ml Bottle



QUALITY ASSURANCE

All oils from goDesana Organics are 100% pure and therapeutic, meaning they are sourced and approved by Alexandria Brighton to the highest standards possible. Our Essential Oils are chosen for their integrity (all chemical constituents important for use are intact), ecological "soundness" (all are organic or wildcrafted), and the specific chemical constituent percentages that Alexandria Brighton insists upon for efficacy and safety.

DISCLAIMER

goDesana Organics products have not been evaluated by the FDA and are not intended to treat, diagnose, cure, or prevent any disease. They are not intended as a substitute for the advice or medical care of a qualified health care professional. Seek the advice of your health care professional before undertaking any dietary or lifestyle changes.