

EVE'S DAUGHTER

Women the world over

Eve's Daughter is all of us; daughters, mothers, and grandmothers the world over. Eve's very name meant 'Mother of all who have life.' Therefore, every woman today can be Eve's Daughter.

Eve's Daughter supports us as we make a difference in the world. Not by force or politics, but by being who we are and by how we chose to live our lives. Use this supportive, uplifting blend any time you need the strength and faith to change your life and the lives of those around you.

suggested usage

BATH

One of the ways Essential Oils were most often used in Biblical times.

- Add 10 drops of Eve's Daughter blend to ½ cup of Clay Vitality or Vitality Bath Salts, and add to your bath. Soak 10-20 minutes for best results. If your fear issues or feelings of uncertainty are keeping you from your destiny, while soaking say a prayer or affirmation to overcome past or present fears and find the courage to do what needs to be done. The Eve's Daughter bath will detox past fear and uncertainty imprints, allowing you to feel connected to God's bigger plan for your life. For intensive therapy, soak once a day; if you can't do a full bath you can do a foot soak instead.
- For a foot bath, add 5-8 drops of Eve's Daughter blend to ½ cup of Clay Vitality or Vitality Bath Salts, and soak feet 10-20 minutes for best results.

MISTING SPRAY

In Biblical times, Essential Oils and resins were burnt as incense for prayer and offerings. We can use the spray misters to send the Essential Oils into the air without the smoke.

- Mix 12-15 drops in a 4-ounce cobalt blue spray bottle of distilled water. Mist around yourself, front and back, when feeling insecure, fearful, and in need of courage to change your life. Think of what it means to be Eve's Daughter; have faith in your ability to take right action when God gives you the opportunity. Can be used throughout your home or workplace to create a feeling of courage, strength, and personal power. Shake well before use.
- Mix 6-8 drops in a 2-ounce cobalt blue spray bottle to carry with you; mist generously whenever you need extra support at work, or when away from home. May also be shared with a friend or family member in need of guidance, courage, and strength to follow their destiny.

TOPICAL

Applying to the head and feet was an important way to use Essential Oils in Biblical times. Women were also known to apply Essential Oils to the entire body as a lotion since this was thought to enhance their connection to God and their spiritual life.

- Apply 1-3 drops to the sole of each foot. A powerful way to instill the courage and faith needed to move forward and do whatever is necessary to fulfill your destiny.
- Add 8-10 drops to goDésana Organics' Age Delay Hydrating Hand & Body Lotion or carrier oil and use after your bath to nourish and moisturize the skin.

responsible cautions

- Non-toxic, non-irritant, non-sensitizing.
- Keep out of reach of children and pets.
- Use as directed and adhere to Responsible Cautions at www.goDesanaOrganics.com/cautions.asp.
- Store away from sunlight, at room temperature, with the lid securely tightened.
- Safe when used as directed after the second trimester of pregnancy.

Alexandria Brighton Collection
ESSENTIAL OILS



Spiritual Blends

ingredients

Geranium, rose; Grapefruit, pink; Jasmine, Lavender, fine; Mandarin, green; Pink Lotus, Myrrh, Orange, blood; Tamar, Rahab, Bathsheba, Ruth, Mary, Queen Esther

pulse points

Apply neat to one or more pulse points during prayer, reflection, and affirmations.

1. Temporal Artery: Located just above the temple, on the sides of the head.
2. Carotid Artery: Located on the side of the neck above the clavicle.
3. Brachial Artery: Located on the inside of the arm above the elbow.
4. Radial Artery: Located on the wrist.
5. Femoral Artery: Located in the inside front of the leg where it joins the pelvis.
6. Posterior Tibial Artery: Located on the foot behind the ankles.
7. Dorsalis Pedis Artery: Located on the top of the foot.

availability

5ml Bottle



QUALITY ASSURANCE

All oils from goDésana Organics are 100% pure and therapeutic, meaning they are sourced and approved by Alexandria Brighton to the highest standards possible. Our Essential Oils are chosen for their integrity (all chemical constituents important for use are intact), ecological 'soundness' (all are organic or wildcrafted), and the specific chemical constituent percentages that Alexandria Brighton insists upon for efficacy and safety.

DISCLAIMER

goDésana Organics products have not been evaluated by the FDA and are not intended to treat, diagnose, cure, or prevent any disease. They are not intended as a substitute for the advice or medical care of a qualified health care professional. Seek the advice of your health care professional before undertaking any dietary or lifestyle changes.

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