GREAT TASTING GREEN VITALITY

What if one small change could turn the tide on the health issues that keep you from being who you want to be and doing what you want to do; Would you make that one small change?



WHY GREEN VITALITY

None of us eats enough vegetables, and even if we do, the degraded mineral soil prevents us from achieving the nutrition our body requires. In addition, many of the foods available today are dead. This means that through heating, processing, and more, the whole food benefits, as well as the raw plant energy potential or life force, is diminished from its natural state.

Adding Green Vitality to one's daily diet provides the energy required, helps to cleanse and purify, and floods the body with powerful nutrients at a cellular level. By providing what the body needs, natural self-healing can take place.

USING GREEN VITALITY

Green Vitality is food so you can drink it, blend it, or eat it on table ready food. When you drink or blend, follow a more conservative protocol because you are bypassing digestion and absorbing more nourishment. As a food, you can add more because food goes through your digestive system and absorption levels decrease slightly.

Beginners: $\frac{1}{4}$ - $\frac{1}{2}$ scoop in water, 2–3 times per day, finishing 5 hours before bedtime. **Advanced:** 1 scoop in water, 2–3 times per day, finishing 5 hours before bedtime.



5 Organic Grass Juices

Juice is extracted from our grasses, supporting better delivery of live enzymes, minerals, vitamins, amino acids, and antioxidants.



5 Organic Sprouts

Sprouting increases seed value nutrition 5 to 6 times more than that of grown vegetables, unlocking dense nutrition in less volume than any other vegetation.



5 Organic Vegetables

Selected for nutritional value and perfectly matched to the everyday human need for nutrition.



5 Organic Whole Leaves

Selected whole leaves from nutrient-dense leafy plants and herbs, excluding stems and roots, which have less nutrition and may contain plant toxins.



5 Organic Healing Herbs

Herbs have been used globally for many botanical therapies, and researchers concluded people in different parts of the world tended to use the same or similar plants for the same purposes.

ABSORBABLE & USEABLE RAW ORGANIC NUTRITION

Helping the body work more efficiently is the key. Eliminating heavier, acidic food in the diet and adding more alkaline foods such as raw, steamed or stir-fried vegetables, and Green Vitality super greens powder, ultimately means our elimination processes work more efficiently by increasing oxygen in the blood from the chlorophyll rich foods

Healthy blood carries oxygen to all of the body's cells. Red blood cells are characterized by hemoglobin, which has as its central nucleus the mineral element iron. Green plants are characterized by chlorophyll, which has magnesium at its nucleus. Chlorophyll benefits many functions within the body, including building blood supply, revitalizing tissue, calming inflammation, activating enzymes, and deodorizing the body

So the infusion of chlorophyll into our body helps us create healthier blood and more oxygen which means more energy and more efficient detox or elimination. Since oxygen is used up very quickly in many of the body's functions, the infusion of more oxygen stimulates an improvement in energy as well as healing.

We are now seeing the long term damage of pollutants in our food, air, water and land, and how those pollutants are affecting us. It is vital to cleanse the body on a regular basis, both passively and with intention. Additionally, it is important to ingest organic whole food based supplements that nourish us.

Green Vitality can be the cornerstone to help your body achieve what it needs.

All The Benefits of 12+ Servings of Raw Vegetables in One Small Scoop.

No Sugar! No Gluten! No Fillers!

Green Vitality contains the dried juice extracted from 5 organic grasses for a special high frequency, nutrient dense blend, plus a powerful combination of 5 organic vegetables, 5 organic healing herbs, 5 organic sprouts, and 5 organic whole leaves all of which have been chosen for their nutritional, anti-fungal, antiinflammatory, and cellular supportive properties.

In today's busy world, juicing is not always an option. That's why Green Vitality is so valuable.



Wheat Grass Juice: Contains 92 minerals needed by the body, 20+ amino acids, and 30 enzymes.

Kamut Grass Juice: Excellent source of chlorophyll, enzymes, fatty acids, phospholipids, and specifically Vitamins A, B1, B2, B6, B9, C, and E.

Barley Grass Juice: A rich source of amino acids, digestive and metabolic enzymes, Vitamin E, and (antioxidants).

Oat Grass Juice: A rich source of beta carotene, folic acid, iron, calcium, Vitamin C, Vitamin K, and B Vitamins.

Alfalfa Grass Juice: One of the most mineral rich plants today with 8 essential amino acids, Vitamin D, A, E, and K, calcium, beta carotene, chlorophyll, and protein.

5 ORGANIC SPROUTS

Sunflower Seed Sprouts: Rich in calcium, phosphorous, iron, copper, iodine, potassium, and magnesium.

Pea Seed Sprouts: Packed with nutrients, including folic acid, fiber, iron, chlorophyll, essential fatty acids, carotenoids, and phytoestrogens.

Red Clover Seed Sprouts: Contains plant protein, fiber, calcium, iron, folate, and Vitamin A.

Broccoli Seed Sprouts: Rich in phytochemical sulforaphane, glucosinolates, isothiocyanates, plant estrogens, Vitamin A, B, C, E and K, calcium, iron, magnesium, phosphorus, potassium, and antioxidants.

Flax Seed Sprouts: The richest source of a plant-based omega-3 fatty acid, called alpha-linolenic acid (ALA) in the world.

5 ORGANIC WHOLE LEAVES

Bilberry Leaf: loaded with bioflavonoids and natural antioxidant compounds.

Olive Leaf: Recognized as a powerful free radical scavenger and for its antimicrobial properties.

Lemongrass (Citronella Leaf): Known globally for its calming and cleansing qualities.

Peppermint Leaf: Rich in anti-oxidants, dietary fiber, minerals, and a wide range of vitamins.

Nettle Leaf: Nutritious food source with anti-inflammatory, diuretic, antioxidant, and anti-microbial properties.



feel the difference

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614.948.4409

5 ORGANIC VEGETABLES

Kale: Contains over 45 antioxidant flavonoids, Omega 3 essential fatty acids, tryptophan, Vitamins K, A, C, B6, E, B3, B1, B3, and manganese.

Watercress: Known as a revitalizing green with very high antioxidants, beta carotene, folate, calcium, and Vitamins B, C & E.

Spinach: Contains phytonutrient flavonoids, powerful antioxidants, lutein, zeaxanthin, Vitamins A, K, and C, beta carotene, manganese, zinc, and selenium.

Celery: An excellent source of Vitamin B1. B2. B6. C, potassium, folic acid, calcium, magnesium, iron, phosphorus, sodium, and essential amino acids.

Parsley: Known as a tonic for the blood, parsley contains more vitamin C than a lemon or an orange.

5 ORGANIC HEALING HERBS

Rosehips: One of the most concentrated sources of vitamin C available.

Gingko: Known as the longevity herb and is used for the treatment of many conditions.

Dandelion: A rich source of Vitamins A, B complex, C, and D, as well as minerals such as iron, potassium, and zinc.

Pau d'Arco: Used botanically for a variety of reasons, and has antibacterial, anti-viral, and anti-fungal properties.

Chickweed: Offers Vitamin C, biotin, choline, copper, inositol, PABA, fatty acids, mucilage, minerals, phosphorus, potash salts, rutin, silicon, sodium, and vitamins B6, B12, and D.

OTHER ESSENTIALS

Avocado and Avocado Seed are included for harmonious ingestion of green grasses, vegetables, sprouts, whole leaves, and herbs.

INGREDIENTS

Proprietary Blend of Organic Grass Juice Powder (wheatgrass, barley, alfalfa, kamut, oat), Organic Sprouts (sunflower seed, flax seed, broccoli seed, pea seed, red clover seed), Organic Herbs (rosehips, pau d'arco, dandelion, gingko, chickweed), Organic Whole Leaves (bilberry, nettle, lemongrass, peppermint, olive), and Organic Vegetables (kale, watercress, celery, spinach, parsley)

Other ingredients: Organic Avocado and Organic Avocado Seed

AVAILABILITY

112 grams - approximately 56 servings 180 grams - approximately 90 servings



For More Information:

Name

Phone

Consultant ID #

Web Address

goDésana Organics products have not been evaluated by the FDA and are not intended to treat, diagnose, cure, or prevent any disease. They are not intended as a substitute for the advice or medical care of a qualified health care professional. Seek the advice of your health care professional. before undertaking any dietary or lifestyle changes.

