

RED MANDARIN

Citrus reticulata var. deliciosa 10ml

goDesana
feel the pure plant difference



application

Aromatic • Bath • Internal • Topical

properties

Wildcrafted

Producing Organ: Peel

Extraction: Cold Expression

Country of Origin: Italy

Safety Group: #1

Main Chemical Constituents: limonene, geraniol, citral

Therapeutic Properties: Antiseptic, antispasmodic, carminative, digestive, diuretic (mild), laxative (mild), sedative, stimulant (digestive and lymphatic), tonic

responsible cautions

- Maybe phototoxic; do not expose skin to direct sunlight for 24 hours after application.
- Non-toxic, non-irritant, non-sensitizing.
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

*The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

product summary

In France, it is regarded as a safe children's remedy for indigestion, hiccoughs, etc., and for the elderly since it helps strengthen the digestive function and liver. [Julia Lawless, *The Illustrated Encyclopedia of Essential Oils* (Rockport, MA: Element books, 1995), 121.]*

Often used for children and pregnant women and is recommended in synergistic combinations with other citrus oils. [Julia Lawless, *The Illustrated Encyclopedia of Essential Oils* (Rockport, MA: Element books, 1995), 121.]*

Children particularly appreciate the fragrance, which is somewhat like candy. It invites us to play and nourish the child within and to not become overwhelmed by our problems; to live a calm and simple life, and to look at everything through the innocent eyes of a child. It is safe to diffuse during pregnancy, where its cheerfulness can help an anxious new mother-to-be.*

USES

- Combine 8-10 drops with ½ to 1 cup of Pink Himalayan or Dead Sea bath salts and add to warm water.*
- Diffuse in 5 minute intervals throughout the day to enhance mood and purify the air.*
- Mix 15-20 drops in 4 ounces of distilled water in a cobalt blue spray bottle. Shake well and spray to lift the emotions and impart a refreshing citrus scent.*
- Apply 1-2 drops to pulse points as a natural perfume and to support emotional balance.*
- 1 to 2 drops in a glass of water and used as a mouthwash and gargle may assist mouth ulcers, bad breath, and general inflammation.*