

Slimmer Vitality Infusion

Shedding those unwanted pounds and improving your overall health & wellness has never been so easy and natural!

Slimmer Vitality Infusion weight loss tea is one of the most powerful products available in all three weight loss categories; fat-burning, fat inhibiting, and appetite suppression.

**SATISFY,
SUPPORT,
SLENDERIZE**

Our proprietary blend of 100% Certified Organic ingredients with naturally occurring phyto-nutrients, high antioxidants, known healing herbs, and food-based vitamins and minerals is formulated to reduce fat and leave strong alkaline ash for pH balance.

The *Slimmer Vitality Infusion* weight loss tea works synergistically to help control appetite, increase metabolism, and increase energy with the added benefit of thermogenic fat burning; all without jittery side effects.

historical benefits [include but not limited to]

- Weight Loss
- Alkalize & Energize
- Reduced Appetite
- Reduced Intestinal Mucus
- Stimulate Metabolism
- Increase Endurance

suggested uses

- Less than 150lbs: Drink 16-32 ounces, daily.
- Less than 250lbs: Drink 32-48 ounces, daily.
- Over 250lbs: Drink 60-72 ounces, daily.

instructions

- Bring water to a rolling boil.
- Pour 8-32 ounces of boiling water over one Slimmer Vitality Infusion tea bag.
- Steep for 10 minutes up to 8 hours.
- The longer you steep the more flavor and nutrients are released.
- Use 3 tea bags when making a gallon.
- Drink hot, room temperature, or cold.
- Reheat in stove pot. Do not microwave.
- NOTE: For maximum results, allow tea to steep overnight and then server hot, cold or room temperature.

supporting products

All of the below products can be added to create a customized taste and increase results.

- Add 1 drop of Slimmer Essential Oil
- Add 1 drop of your favorite GRAS Approved Essential Oil (Lemon, Lime, Grapefruit, ect.)
- Add 2 drops of Cell Vitality
- Add 2 drops of Magnesium BeCalm
- Add 1/8 tsp of Green Vitality
- May be taken with 1 - 2 Slim Extreme, daily

optimal weight loss strategies

- Drink suggested amount of Slimmer Vitality Infusion, daily.
- Drink suggested amount of Ease Vitality Infusion, nightly.
- Drink suggested amount of Renew Vitality Infusion for 10 days, monthly or 3 days, weekly each week. Do not exceed more than 10 days in a month.
- Add 2 drops of Cell Vitality to all liquid.
- Add 2 drops Magnesium BeCalm to all liquid.
- Add Liver Detox Protocol in Week 2 (www.goDesana.com/LiverCleanse.pdf).
- May replace 1 - 2 meals with Smooth Vitality, daily, and/or as a late night snack.
- Use only cold pressed oils like Olive, Coconut & Flax.
- Lunch & snacks can consist of nut butters as a spread or dip with fresh vegetables or fruits.
- Make dinner your healthiest meal. For best absorption of nutrients in food prepare as stir fry, steam, puree raw, and/or low heat crock pot soups.



weight loss tea

ingredients

Made with 100% Certified Organic Green Tea, Oolong Tea, Cacao Nibs, Cardamom, Ginger Root, Fennel Seed, Cinnamon Bark, Bitter Orange Peel, Orange Peel, & Elecampane Root

GO Alkalize, Detox & Energize Lifestyle

Shed 20+ lbs in 30 days. Feel & Look Energized!

1. Follow weight loss strategies found on your left.
2. Snacks & meals should be derived from whole foods. Prepare steamed, stir fried, or in a crockpot.
3. Drink 1 quart of pure water (Vitality Infusions Teas count) for every 50 lbs of body weight daily (sipping is optimal).
4. Increase intake of fresh lemon and lime if possible, as well as GO Essential Oils especially Ginger, Lemon, Lime, Lemongrass, etc, which all aid in healthier blood.
5. Eat mostly vegetables (organic when possible) slightly cooked, steamed, stir fried, raw or pureed are the most important part of our diet and can be supplemented with GO Green Vitality, which is comprised of 25 vegetables and herbs.
6. Reduce or eliminate intake of red meats, sugar, white & processed foods.
7. Eat cold water and wild fish as they stand the best chance of having the fewest bad micro-organisms and the highest amount of good oils and nutrients.

RESPONSIBLE CAUTIONS

- Not for use during pregnancy.
- Contains 17 mg of caffeine . (regular coffee contains between 95 and 200 mg).
- Detox symptoms may occur with initial use.

