

Tea Tree

Melaleuca alternifolia

Therapeutic Properties: *Anti-infectious, anti-inflammatory, antiseptic, antiviral, bactericidal, balsamic, cicatrizant, diaphoretic, fungicidal, immuno-stimulant, parasiticide, vulnerary*

An incredibly useful Essential Oil, Tea Tree, along with Lavender, is one of the Essential Oils mild enough to be used in small quantities directly on the skin. It is an excellent antifungal oil, useful for cuts, pimples, and wounds, and as an inhalation for colds. It can also be used to deal with thrush during pregnancy.

It is a very powerful immuno-stimulant, so when the body is threatened by any of these organisms Tea Tree increases its ability to respond. [Julia Lawless, *The Illustrated Encyclopedia of Essential Oils* (Rockport, MA: Element books, 1995), 169.]. Tea Tree, unlike antibiotics, does not kill indiscriminately, but can identify and kill destructive bacteria while leaving the friendly bacteria we need to stay healthy. Tea Tree also stimulates the immune system to help you stay healthy.

Unlike antibiotics, if the infection is caused by a virus, Tea Tree has been found to be antibacterial, antiviral, and antifungal. Oils like Oregano, Thyme ct. thymol, and Lemongrass have the potential to literally burn the skin, if not used properly. Tea Tree, on the other hand, is a powerful antibacterial, antiviral, and antifungal oil which is perfectly safe. With repeated applications, it can be as effective as the stronger Essential Oils.

aromatherapy & home uses

Genitourinary System: Thrush, vaginitis, cystitis, pruritus.

Immune System: Colds, fever, flu, infectious illnesses such as chicken pox.

Respiratory System: Asthma, bronchitis, catarrh, coughs, sinusitis, tuberculosis, whooping cough.

Skin Care: Abscess, acne, athlete's foot, blisters, burns, cold sores, dandruff, herpes, insect bites, oily skin, rashes (diaper rash) spots, verrucae, warts, wounds (infected).

suggested usage

BATH:

- Add 8-10 drops to ½ cup Clay Vitality or Vitality Bath Salts and mix into warm bath water.

COMPRESS

- Mix 2-4 drops Tea Tree Essential Oil in 1 pint of hot or cold water; soak a towel in water and apply to the desired location. Cover the area with a dry towel and heating pad or ice pack.

INHALATION

- Diffuse 10-12 drops in a cool mist Essential Oil diffuser.
- Place 1-2 drops on a tissue, cotton ball, or in the palms of the hands and inhale.

INTERNAL

- Tea Tree Lick: Apply 1 drop to the back of the hand and then lick off. With the Tea Tree lick, you are also disinfecting the digestive system. Use with all chronic conditions whether respiratory, urinary, digestive, hormonal, skin, joints, or even psychological problems.
- For a sore throat, mouth ulcers, and bad breath mix 10 drops of Tea Tree in 6 ounces of water and gargle.

MISTING

- Mix 20 drops with 4 ounces distilled water in a cobalt blue glass or PET plastic bottle, shake well, and mist into environment as desired.

TOPICAL

- Add to goDésana Organics' Age Delay Hydrating Hand & Body Lotion or carrier oil.

responsible cautions

- Non-toxic, non-irritant, non-sensitizing.
- Possible dermal irritation and/or sensitization in some individuals.
- Keep out of reach of children and pets.
- Use as directed, and adhere to Responsible Cautions at www.goDesanaOrganics.com/cautions.asp.
- Store away from sunlight, at room temperature, with the lid securely tightened.

attributes

Producing Organ: *Leaves*

Extraction: *Steam Distillation*

Country of Origin: *Australia*

topical dilution guidelines

Ages 10 & Over: Topical dilution for healthy individuals is 10% (60 drops per 1 ounce of carrier oil). A topical dilution of 25% (150 drops per 1 ounce of carrier oil) may be warranted in cases of severe pain, bad bruising, or serious muscle cramping.

pregnancy & children

Topical

- Infant to 3 months - 1 drop in 10 ml Grape Seed Oil
- 3 months to 3 years - 2 drops in 10 ml carrier oil
- 3 to 5 years - 3 drops in 10 ml carrier oil
- 5 to 10 years - 6 drops in 10 ml carrier oil
- Pregnancy - safe when used as directed

Bath

- Infant to 3 months - *not recommended*
- 3 months to 3 years - 2 drops in 1 tablespoon of Baby Bliss Shampoo & Body Wash
- 3 to 5 years - 3 drops in ¼ cup Pink Himalayan Salt
- 5 to 10 years - 6 drops in ¼ cup Pink Himalayan Salt or Clay Vitality
- Pregnancy - safe when used as directed

Remember that blends, because of the smaller percentage of stronger oils, are usually safer than single oils; especially during pregnancy, while nursing, and when using with children or the elderly.

availability

10ml Bottle



QUALITY ASSURANCE

All oils from goDésana Organics are 100% pure and therapeutic, meaning they are sourced and approved by Alexandria Brighton to the highest standards possible. Our Essential Oils are chosen for their integrity (all chemical constituents important for use are intact), ecological "soundness" (all are organic or wildcrafted), and the specific chemical constituent percentages that Alexandria Brighton insists upon for efficacy and safety.

DISCLAIMER

goDésana Organics products have not been evaluated by the FDA and are not intended to treat, diagnose, cure, or prevent any disease. They are not intended as a substitute for the advice or medical care of a qualified health care professional. Seek the advice of your health care professional before undertaking any dietary or lifestyle changes.