

## Ingredients

Lavender, spike; Ravintsara, Rosemary ct. 1,8 cineole, Euclyptus Radiata, Grape Seed

### STANDARDS OF QUALITY

All ingredients in goDésana products are 100% pure and therapeutic, meaning they are sourced and approved by Master Formulator Alexandria Brighton to the highest standards possible.

Our raw plant ingredients are chosen for their integrity (all chemical constituents important for use are intact), ecological 'soundness' (all are organic or wild-crafted), and the specific therapeutic chemical constituent percentages that Alexandria Brighton insists upon for safety and therapeutic properties.

### DISCLAIMER

The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

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## Tri Remedy For Kids protective blend

The common cold and influenza have similar symptoms, and both are contagious respiratory infections. Although there is no cure for either a cold or the flu, easing some of the associated discomforts can help everyone during a child's illness.\*

Tri Remedy For Kids is a proprietary blend of Essential Oils that have been shown to assist and help support the body with colds, flu, and other viruses.\*

### ingredient highlights

- Lavender, spike, sometimes referred to as Spanish Lavender, is native to Spain, France, Italy, the Mediterranean region, and Northern Africa. It contains a greater percentage of camphor than regular Lavender, giving it stronger analgesic and expectorant properties. It is an excellent choice for easing headaches, muscle aches, pains, and the discomfort associated with arthritis.\*
- Ravintsara ct. 1,8 cineole is one of the most versatile and indispensable Essential Oils. It is known to be potent, yet safe and gentle. Ravintsara ct. 1,8 cineole has been used for centuries in fighting infections.\*
- Rosemary ct. 1,8 cineole is excellent with pulmonary congestion and respiratory conditions such as colds, flu, strep, bronchitis, and sinusitis. Its stimulating and uplifting properties are of added benefit when dealing with asthma or other respiratory issues involving a nervous or emotional component.\*
- Eucalyptus Radiata is primarily an Essential Oil for the respiratory system. It is a powerful expectorant and mucolytic with good ability for fluidification. It is gentle yet effective for respiratory problems and is easily tolerated by children.\*

### suggested usage (10 years & up)

- Apply neat to the soles of feet, starting at 18 months of age, at the first sign of symptoms.\*

### pregnancy & children

#### Safety Group #2

#### Topical

- Infant to 3 months: Not recommended
- 3 months to 3 years: Not recommended
- 3 to 5 years: 3 drops in 10 ml carrier oil
- 5 to 10 years: 6 drops in 10 ml carrier oil
- Pregnancy: Safe when used as directed starting in the 2<sup>nd</sup> trimester at 3% dilution (15 drops/1 ounce)

#### Bath

- Infant to 3 months: Not recommended
- 3 months to 3 years: Not recommended
- 3 to 5 years: 3 drops in ¼ cup Pink Himalayan Salt
- 5 to 10 years: 6 drops in ¼ cup Pink Himalayan salt or Clay Vitality
- Pregnancy: safe when used as directed starting in the 2<sup>nd</sup> trimester

### responsible cautions

- Generally non-toxic, non-irritant.
- Keep out of reach of children and pets.
- Use as directed, and adhere to Responsible Cautions at [godesana.com/cautions.asp](http://godesana.com/cautions.asp).
- Store away from sunlight, at room temperature, with the lid securely tightened.

### availability

10ml Bottle & AromaStix



Alexandria Brighton Collection  
ESSENTIAL OILS

