

# Vitality Bath Salts

The beneficial effects of bathing in salts, and their unique therapeutic and beautifying powers, have been recognized since ancient times.

Bathing in a salt bath provides a deeply relaxing experience and a feast of minerals for the skin.

## NATURAL ANCIENT THERAPEUTIC

Therapeutic salt bathing was once relegated to high-end spas and expensive skin clinics, but now therapeutic salt baths are becoming common practice in homes all across America.

Carefully mined from deep within the Himalayan Mountains, Pink Himalayan bath salt is world-renowned and considered an absolute treasure. Known as a "Jurassic" salt, formed during Prehistoric times from ancient sea beds that were pushed up into the mountain range and perfectly preserved by volcanic ash, Pink Himalayan salt is considered by many to be the purest salt on earth.

Bokek Premium Dead Sea Salt is 100% pure, harvested from the Southern Dead Sea in Israel where the mineral content is the highest. It is ideal for use in spa treatments, salt baths, and scrubs.

## suggested usage

### TO REJUVENATE SKIN, RELIEVE ACHES & PAINS, OR RELAX TIRED MUSCLES:

- Dissolve 2-4 cups (1-2 lb) of Vitality Salts in warm bath water.
- Soak for 30 minutes, or as long as is comfortable and relaxing for you. Be sure to drink lots of water during your bath to enhance the detoxification process.
- For additional benefits, wrap in a robe or warm blanket after your bath and rest for half an hour.
- Repeat as often as you like!

### FOOT SOAK

- Dissolve 1/2 cup of Vitality Salts in a basin of warm water.
- Soak feet 10-20 minutes.

### RESPONSIBLE CAUTIONS

- Although Dead Sea & Pink Himalayan bath salts are known for their therapeutic qualities, it is strongly recommended that you consult your physician before using in the treatment of Psoriasis, Arthritis, Atopic Dermatitis, Eczema and any other skin disorder.



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## ingredients

### PINK HIMALAYAN

100% pure pink Himalayan salt, fine grain.

### BOKEK PREMIUM FINE

100% pure Dead Sea salt, fine grain.

### BOKEK PREMIUM COARSE

100% pure Dead Sea salt, coarse grain.

## notes

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### QUALITY ASSURANCE

All goDésana essential oils are 100% Pure Therapeutic Grade that are Certified Organic and/or Wild-Harvested. They are sourced, formulated and approved by Alexandria Brighton. Oil samples, along with the Material Safety Data Sheets, Certification Documents and GC/MS Chromatography Documents, are sent to Alexandria for her approval prior to being shipped to goDésana.

