

# **beWISE**

beWise reminds us to notice things around us, both on a visual and perceptive level. With beWise Blend, we can learn to develop our heightened perception and wisdom to help us see the truth in all things and not be deceived by illusion and trickery.



## ENERGIZING, SUPPORTIVE, PERCEPTIVE

It can shed light on areas where we are deceiving ourselves and bring the truth that allows us to overcome denial and act from a place of wisdom.

With heightened perception, we can discern what to bring into our life for our benefit and growth and what to let go of for our highest good.

beWise Blend is particularly helpful to those who are gullible and easily swayed to the will of others.

beWise gives us the ability to calm our mind and go within to access the wisdom of the Higher Self. With access to our innate wisdom, we can see what needs to change to resolve problems and create good decision making skills.

Support and develop your intuition with this peaceful and supportive oil.

#### **Available in: 5ml Bottle**

# suggested uses

#### **BATH**

• Add 6 to 12 drops in  $\frac{1}{2}$  cup of Vitality Bath Salt and soak in a warm bath, allowing worry and over-thinking to melt away.

#### **INHALATION**

 Apply 2 drops to a tissue and inhale as needed to restore calm. Diffuse10 to 15 drops in your water mist diffuser and mist into the environment for added benefit.

#### **MISTING SPRAY**

- You can create a spray mister with 10 to 12 drops of beWise blend in 4 ounces of distilled
  water in a blue cobalt spray bottle. Shake well before using. Mist around yourself or into the
  environment as needed to restore clarity of thought.
- 5 to 6 drops in 2 ounces of distilled water in a cobalt blue glass spray bottle. Shake well
  before use. Carry with you to share with friends or family or as a mentoring tool for your
  team and to sample out to potential clients.

### **TOPICALLY**

- Apply as a perfume. Can be used alone or as a base to layer additional Success Mentoring Blends. May be applied on the pulse points where it will have direct access to meridians.
- Apply 1 to 2 drops to the back of the neck to access the Governing Meridian to spread peace and wisdom through all systems of the body.
- Apply 1 to 2 drops to the wrists or a tissue and inhale when overcome with worry.
- Apply 1 to 2 drops to the third eye chakra and/or the crown chakra to access our higher consciousness and wisdom.

#### **RESPONSIBLE CAUTIONS**

Non-toxic, non-irritating and non-sensitizing.

## ingredients & attributes

100% pure, therapeutic grade, certified organic and/or wild-crafted essential oils of Rosemary ct. 1,8 cineole, Sandalwood, Lavender, fine; Sage, & Fractionated Coconut Oil.

### **ROSEMARY CT. 1,8 CINEOLE**

Combats lethargy, provides energy and vitality, strengthens mental clarity and awareness, aids focus and concentration, and enhances creativity by stimulating right-brain function.

#### **SANDALWOOD**

Proven to be beneficial in relieving depression, insomnia and stressrelated concerns as well as relieving excessive nervous tension.

#### LAVENDER FINE

A wonderfully versatile and incredibly valuable oil known for its nurturing energy and powerful yet gentle action.

#### SAGE

A nerve stimulant that can provide rapid relief from conditions like hormonal headaches, depression, cramps, nausea, etc.



#### QUALITY ASSURANCE

All goDésana essential oils are 100% Pure Therapeutic Grade that are Certified Organic and/or Wild-Harvested. They are sourced, formulated and approved by Alexandria Brighton. Oil samples, along with the Material Safety Data Sheets, Certification Documents and GC/MS Chromatography Documents, are sent to Alexandria for her approval prior to being shipped to goDésana.

