I Imagine

CROWN (7) CHAKRA

As our most spiritual chakra, the Crown Chakra is beyond time and place. It is where our spiritual essence enters the physical body, and when we die a natural death, where it will exit the body.

We receive Divine guidance and protection through the Crown Chakra.

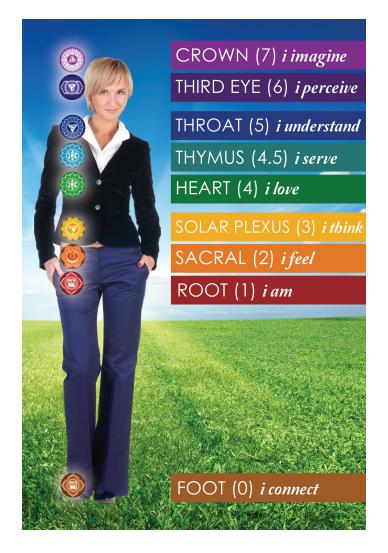
The Crown Chakra is where we receive inspiration that can then pass to the Third Eye Chakra to develop into a picture or visualization of that inspiration. Our inspiration becomes our dream.

It is through the Crown Chakra that we experience a sense of wonder; where we are in awe of the world and the incredible beauty that is around us.

The ability to imagine that which does not yet exist is a gift of the Third Eye Chakra. The great advances in science and invention all originated with the Third Eye in cooperation with the Crown Chakra.

The Crown Chakra allows us to appreciate and experience gratitude for all we have and yet not get too attached to material possessions as we are spiritual beings having an earthly experience, not the other way around.

Without a healthy functioning Crown Chakra we may feel abandoned by God and experience what is called the "Dark Night of the Soul"



suggested usage

Bath

- If you feel alone in the world and that no one understands you, bathing
 in I Imagine will strengthen the Crown Chakra.
- Soaking in the I Imagine bath brings peace and connection to the Source, and a profound sense of being valued and care for.
- Add 10 to 15 drops of I Imagine to ½ to 1 cup of Pink Himalayan or Dead Sea bath salts, and add to bath water. Soak 10 to 20 minutes for best results. For intensive therapy, soak once a day; if you can't do a full bath you can do a foot soak instead.
- For a foot bath, add 8 to 12 drops of I Imagine to ½ cup of Pink Himalayan or Dead Sea bath salts, and soak feet 10 to 20 minutes for best results.
- Soaking will detox, nurture, and heal the Crown Chakra.

Misting Spray

- Mix 12 to 15 drops in a 4 ounce cobalt blue spray bottle of distilled water. Mist around the Crown Chakra over the top of the head when you are in need of inspiration or Divine guidance. May also be used when experiencing relationship issues that may stem from lack of appreciation and gratitude. Shake well before use.
- Mix 6 to 8 drops in a 2 ounce cobalt spray bottle to carry with you; mist generously whenever you have an opportunity to inspire someone else. Shake well before use.

Topical

- Apply 1 to 3 drops of I Imagine to the Crown Chakra area at the top of the head.
- When applied to the chakra area, you are feeding vibrational frequency into the chakra providing warmth, nutrients, and strength.

availability
5ml Bottle





+ association

Color: Violet

Physical Location: The top of the head

Sympathetic Gland: Pineal

Sympathetic organs and body parts: Upper Brain, Head

Sympathetic body systems: Central Nervous system, Spine, Psyche

Capacities: Inspiration, imagination, higher self guidance, sense of wonder, visualization, divine order, visionary

ingredients

100% Pure, Certified Organic and Wildcrafted oils of Frankincense, Sandalwood, Elemi, Spikenard, Lavender, fine; Ylang Ylang Complete, Cardamom, Rose, Sage, Myrrh, Clary Sage, Inula, Cistus, Geranium, rose; Grapefruit, rink; Cedarwood, atlas; Fir, balsam; Spruce, black; Patchouli, Marjoram, sweet; and Jojoba

chakra 7 (crown) the right to know

This chakra includes the right to information, the right to truth, and the right to education and knowledge. Equally important are our spiritual rights; to connect with the Divine in whatever way we as individuals perceive it. The Crown Chakra is linked to the endocrine system and to one of our most important bodily functions, waking and sleeping. Unlike all of the other chakras, this chakra opens upward like a funnel of energy and connects with the pineal gland, deep within the brain.

supporting blends

• **beWise:** Wisdom comes from our connection to the Divine. A Crown Chakra in good working order keeps us in touch with our inner knowing; knowledge that you can't get from books. Wisdom is one of the most important gifts given to mankind and one we will surely need to access in this age of science and technology that allow us the knowledge to change our environment and ourselves in life threatening ways. Use with this great prayer/affirmation; "Lord, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.

postnatal chakra development

CHAKRA 7 (Crown): 12 Years and up

In Chakra Seven we engage in the pursuit of knowledge; the learning, training, thinking, and gathering of information. We then have a complete set of tools to process all previous and future experiences. This may also be a period of spiritual exploration, although this varies from person to person. The best support for this process is a stimulating intellectual environment in the home, encouragement to question belief systems, teaching the child to think for themselves, and provision of a good educational environment. As you explore the issues and imbalances in your own chakra system, added insight will come from reflecting upon your experiences during these formative stages. As a parent, it is important to be aware of your difficulties with specific chakras in order to avoid passing on your own unresolved conflicts to your children.

pregnancy & children

- · Children ages 2 years and up safe when used as directed
- · Pregnancy safe when used as directed



Morrow, OH 45152 • 614.948.4409 www.qodesana.com

responsible cautions

- Keep out of reach of children and pets.
- Use as directed, and adhere to Responsible Cautions at www.godesana. com/cautions asp.
- · Store away from sunlight, at room temperature, with lid securely tightened.

QUALITY ASSURANCE

All oils from goDesana Organics are 100% pure and therapeutic, meaning they are sourced and approved by Alexandria Brighton to the highest standards possible. Our Essential Oils are chosen for their integrity (all chemical constituents important for use are intact), ecological 'soundness' (all are organic or wildcrafted), and the specific chemical constituent percentages that Alexandria Brighton insists upon for efficacy and safety.

DISCLAIMER

goDésana Organics products have not been evaluated by the FDA and are not intended to treat, diagnose, cure, or prevent any disease. They are not intended as a substitute for the advice or medical care of a qualified health care professional. Seek the advice of your health care professional before undertaking any dietary or lifestyle changes.

© 2011 Green Organics International, LLC • © 2013 goDésana, LLC