

# QUEEN ESTHER

*Woman of obedience, intelligence, humility, and courage*

Alexandria Brighton Collection  
ESSENTIAL OILS



## Spiritual Blends

Queen Esther was a Jew from the tribe of Benjamin who grew up as an exile in Persia. The name Esther means 'star' and is a derivation of the root name of the goddess Ishtar. Hadassah, which means 'Myrtle', is a branch that signifies peace and thanksgiving; two things Queen Esther brought to her people.

Queen Esther's transformation from orphan girl to a true queen and leader is incredible and awe inspiring. Her story is about what happened in her time as well as the legacy she left for the women of today.

Esther was an incredible woman who came into her own power when she realized the fate of her people lay in her hands. She revealed her intelligence, became a savvy strategist, a calculated risk taker, and a powerful and commanding leader. Risking her own life, she found the courage to use the gifts God gave her to save her people.

## suggested usage

### BATH

One of the ways Essential Oils were most often used in the time of Queen Esther.

- Add 10 drops of Queen Esther blend to ½ cup of Clay Vitality or Vitality Bath Salts, and add to your bath. Soak 10-20 minutes for best results. If your fear issues are keeping you from your destiny, while soaking say a prayer or affirmation to overcome past or present fears and find courage to do what needs to be done. The Queen Esther bath will detox past fear imprints allowing courageous action to take place. For intensive therapy, soak once a day; if you can't do a full bath you can do a foot soak instead.
- For a foot bath, add 5-8 drops of Queen Esther blend to ½ cup of Clay Vitality or Vitality Bath Salts, and soak feet 10-20 minutes for best results.

### MISTING SPRAY

In Queen Esther's time, Essential Oils and resins were burnt as incense for prayer and offerings. We can use the spray misters to send the Essential Oils into the air without the smoke.

- Mix 12-15 drops in a 4-ounce cobalt blue spray bottle of distilled water. Mist around yourself, front and back, when feeling insecure, fearful, and in need of courage to change your life. Think of Queen Esther who kept her faith in her right action and saved a nation of people when God gave her the opportunity. Can be used throughout your home or workplace to create a feeling of courage, purity, strength, and personal power. Shake well before use.
- Mix 6-8 drops in a 2-ounce cobalt blue spray bottle to carry with you; mist generously whenever you need extra support at work, or when away from home. May also be shared with a friend or family member in need of Queen Esther's courage and strength to follow their destiny.

### TOPICAL

Applying to the head and feet was an important way to use Essential Oils in Queen Esther's time. Women were also known to apply Essential Oils to the entire body as a lotion since this was thought to enhance their connection to God and their spiritual life.

- Apply 1-3 drops to the sole of each foot. A powerful way to instill the courage and faith needed to move forward and do whatever is necessary to fulfill your destiny.
- Add 8-10 drops to goDésana Organics' Age Delay Hydrating Hand & Body Lotion or carrier oil and use after your bath to nourish and moisturize the skin.

## responsible cautions

- Non-toxic, non-irritant, non-sensitizing.
- Keep out of reach of children and pets.
- Use as directed and adhere to Responsible Cautions at [www.goDesanaOrganics.com/cautions.asp](http://www.goDesanaOrganics.com/cautions.asp).
- Store away from sunlight, at room temperature, with the lid securely tightened.
- Safe when used as directed after the second trimester of pregnancy.

## ingredients

*Spruce, black; Lavender, fine; Elemi, Sage, Balsam Copiava, Davana, Rosemary ct. 1,8 cineole, Black Pepper, Clary Sage, Catnip, Rose, Spikenard, Bergamot, Sandalwood, Cedarwood, atlas; Frankincense, Cypress, Fractionated Coconut*

## pulse points

Apply neat to one or more pulse points during prayer, reflection, and affirmations.

1. Temporal Artery: Located just above the temple, on the sides of the head.
2. Carotid Artery: Located on the side of the neck above the clavicle.
3. Brachial Artery: Located on the inside of the arm above the elbow.
4. Radial Artery: Located on the wrist.
5. Femoral Artery: Located in the inside front of the leg where it joins the pelvis.
6. Posterior Tibial Artery: Located on the foot behind the ankles.
7. Dorsalis Pedis Artery: Located on the top of the foot.

## availability

5ml Bottle



### QUALITY ASSURANCE

All oils from goDésana Organics are 100% pure and therapeutic, meaning they are sourced and approved by Alexandria Brighton to the **highest standards possible**. Our Essential Oils are chosen for their integrity (all chemical constituents important for use are intact), ecological 'soundness' (all are organic or wildcrafted), and the **specific chemical constituent percentages that Alexandria Brighton insists upon for efficacy and safety**.

### DISCLAIMER

goDésana Organics products have not been evaluated by the FDA and are not intended to treat, diagnose, cure, or prevent any disease. They are not intended as a substitute for the advice or medical care of a qualified health care professional. Seek the advice of your health care professional before undertaking any dietary or lifestyle changes.

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